

Identity Grid

Age	Class/SES	Marital Status
Race/ Ethnicity	Dis/Ability	Sexual Orientation
Faith/Religion	Education Status	Citizenship
Gender	Size/Appearance	Any Other Identity

Circle: The parts of my identity that I am least aware of on a daily basis

Square: The parts of my identity that I am most aware of on a daily basis

Heart: The parts of my identity that were most emphasized or important in my family growing up

Star: The parts of my identity that I wish I knew more about

X: The parts of my identity that I feel are difficult to discuss with those who identify differently

Triangle: The parts of my identity that give me the most privilege

!: The parts of my identity that make me feel discriminated against

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