

## Workshops for a General Audience of Experiential Educators

### **#14 Using Challenge and Group Initiatives With Young Learners**

90-minute workshop presented by:

Vicky Prusinski

This active, hands-on workshop demonstrates how challenge and group initiatives designed for older participants have been modified and implemented for an early childhood education program (ages 3 years old thru 4th grade). Participants will have the opportunity to play and experience more than twenty ideas/games/activities that they can take with them and immediately use in the classroom on Monday- with little to no cost and prep!

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#17 Creativity Boot Camp!**

90-minute workshop presented by:

Daniel Cape

This down and dirty workshop will whip your creative muscles into shape, making you a lean mean creative machine. Using Robert Epstein's Generativity Theory, participants will gain greater insight into creativity; including how to think and act more creatively and how to intentionally facilitate novel activities to help clients become more creative. This interactive workshop will demonstrate how experiential learning environments offer optimal settings for using and fostering creativity.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#24 Activity Tinkering: The How and Why of Modifying Simple Games to Meet Specific Goals**

90-minute workshop presented by:

Lisa Hunt

Most facilitators love adding to their bag of tricks-learning a simple ice breaker that will delight the group, or picking up an engaging new prop. We often spend less time exploring how to make maximum use of the activities we do know. When we change the framing, the rules, the physical set up or even the equipment used for any simple group activity, the outcome can change dramatically. This workshop will equip participants to tinker with the variables of a handful activities in order to reveal how truly malleable they are.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#43 The Experiential Creative Generalist: The Eloquence of Change**

3-hour workshop presented by:

Kim Neal Wasserburger

Kim Olson

In the age of instantly accessible information and communication the importance of sincere and genuine experience transcends time and technology and becomes the marrow of change. The eloquence of change can be a subtle recognition of perspective in a shared experience.

Choosing from available tools from the canyon to the clouds (adventure programming, expressive arts, sensory exploration) for the intervention, and to mysteriously but intentionally move to transference of the change, is an art and a learned skill. Kim and Kimmer bring 42 years of experience and will educate, navigate, allow for you to investigate, practice, laugh, reflect and experience.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#45 Working with White Participants in Outdoor Experiential Education**

90-minute workshop presented by:

Karen Warren

Amelia Tarren

In spite of committed attempts to diversify programs in outdoor experiential education, many still serve a majority white population. This workshop will examine how anti-racism work with white participants is possible. We will experientially delve into the concepts of privilege, brave space, and white identity development. The intersection with other oppressions and how identity affects facilitation will be examined through dialogic information sharing, discussion, and shared problem solving.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#49 Creating Trans(gender) Inclusive Environments in the Outdoors, the Workplace, and Beyond**

3-hour workshop presented by:

Meg Bolger

Perry Cohen

Many of us are working with and wanting to support transgender individuals than ever before, but we don't know where to start. As youth in our communities come out as trans and

nonbinary it is essential to have foundational knowledge about the trans community, know how to be an ally, and how to create trans-inclusive environments. In this workshop we will work with participants to demystify vocabulary, better understand pronouns and gendered language, work through common scenarios around gender and the outdoors, and help participants assess how their work places can continue to become more trans-inclusive.

*Audience Level: Beginner -- For individuals new to the field of experiential education and/or new to AEE. No previous knowledge required.*

### **#52 The Construct and Dismantling of Self: How Experiential Education Impacts Social Identity**

3-hour workshop presented by:

Robert Owen

Addison Odum

It is through our experiences of the world that we build, shift and shape our identity. Social pressures, family dynamics, culture, media and other forces impact choice. How does experiential education help not only our youth, but adults, call into question who they are? How does our relationship with nature, constructed challenges such as initiatives, storytelling and adventure, strip away previously embraced ideas of character, language and presentation? As facilitators, we can challenge our students often damaging concept of self and others. This workshop is a hands on exploration of identity, intended to pinpoint and debrief misconceptions, stereotypes and behavior.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#57 Experiential Learning in the Age of Artificial Intelligence**

90-minute workshop presented by:

Andrew Potter

Become a skilled advocate for experiential education in an era of increasingly technological confusion! Recent studies have demonstrated the important link between instructional methodology, student engagement and their acquisition of 21st Century skills. Experiential learning and related teaching strategies play a vital role in forming learning environments that empower students and deliver on both cognitive and affective skill development. Educators need to be equipped with both simple and complex teaching tools to be successful in the preparation of students for the challenges of the 21st Century.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#63 Overcoming Separation and Prejudice to Build Community Across Differences**

90-minute workshop presented by:

Lara Mendel

Brian Lowe

Learn “game-tivities” and tools that inspire thought and action concerning diversity and community among all ages. Separation and the resulting prejudice, discrimination, and violence have launched to the forefront of our national conversation. As educators, we have an opportunity, perhaps even a responsibility, to address these issues and work toward a more inclusive, just, peaceful future. We will take an experiential education approach to do doing just that. We will play, challenge ourselves, move past the ‘peace blockers” (blame, guilt, and defensiveness), and use the “Three Keys to Peace” (listening, empathy, and assertiveness) to work toward a better future.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#66 The Human-Nature Connection, Healing Ourselves by Appreciating Nature**

3-hour workshop presented by:

Misty Blakesley

In this fun, experiential workshop, we will explore ways to encourage the awareness and release of trauma held in the mind, body and spirit. We will notice and appreciate Nature, patterns in Nature, patterns in ourselves and ourselves as part of Nature. By reinforcing our positive connections within ourselves and to those around us, we will be able to strengthen our individual and community resiliency. We will also explore indigenous perspectives of healing and community. This workshop is open to all ability levels. Gentle movement and interactive activities are included. Bring clothing to spend a short amount of time outside.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#72 L’utilisation de la Perception du Risque à des Fins Développementales chez les Jeunes Enfants**

90-minute workshop presented by:

Sébastien Rojo

Dave Desrosiers

Michèle Leboeuf

En contexte de petite enfance, les approches expérientielles en lien avec l’utilisation du risque en contexte de jeu libre et actif, et ce en nature sont fortement recommandées par les différents ministères. On constate que les milieux de pratiques sont frileux à l’utiliser en

l'associant souvent à la notion de danger. Pour penser la prise de risque comme effet de levier développemental, il faut s'inscrire dans une posture d'intervention singulière et ouverte à l'incertitude. À travers l'approche psychoéducative, nous vous invitons à croiser nos regards sur la question du risque auprès d'une clientèle que l'on considère incapable de le gérer.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#73 Crazy For Carver; An Overview of the Carver Governance Model**

90-minute workshop presented by:  
Brian Croft

Interested in the big picture of an organization but stuck in the day to day work of your organization? Come learn about the Carver Governance Model, the same Governance model used by AEE's Board of Directors. The Carver Governance Model empowers the operational side of any organization all while freeing up the Board for the big picture work. This presentation will be great for anyone interested in future board work in and outside of AEE. This workshop will teach you the basics of the model, including the breakdown of Means, Ends, Operations, Policies, and Procedures.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#77 Reaching your Play-State: An Examination of How Optimal Play has the Power to Transform**

3-hour workshop presented by:  
Nicolas Salibrici  
Brian Gibbs-Griffith

Throughout childhood, our play-time is very important to us. I know this because as I watch my seven year old son play, he always reminds me of how serious this time is. Whenever it is time to go he always says, "but Daddy, I'm not done playing yet." The importance of this play-time is in fact life-altering. As adventure practitioners, we use this "play-state" to develop the very life-skills that inform our adult world of responsibility, relationships and decision-making. This workshop will demonstrate the nature and freedom of "play-state" and highlight how that "play-state" informs our adult world.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#79 Risk Assessment & Safety Management (RASM): A Comprehensive Risk Management Approach for Any Organization**

90-minute workshop presented by:  
Rick Curtis

The Risk Assessment & Safety Management Model (RASM) is used by outdoor programs around the world and provides a comprehensive approach for identifying the causes of accidents, assessing changing risk levels, and managing risk by reducing negative hazard factors and introducing positive safety factors. You'll leave with a model that you can use to train your staff through hands-on analysis of accident scenarios and provide them with concrete tools for assessing risk and reducing it and provide your clients with an innovative curriculum that has broad educational applications.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#82 The Canadian Bacon of Play: Experiential Games, Activities and Initiatives Rooted in Canadian Heritage**

90-minute workshop presented by:  
Jeff Willis

Canada has an abundance of experiential games, activities and initiatives rooted in our Indigenous, French and English heritage. We have our own approach and twist on education and working with children and youth. Attendees will spend time engaging in and learning the origins of play Canadian-style, from Inuit Tugging Games, DIBS, Dox-en-eye, Métis-inspired Sash Bracelet, Capture the Flag, "Je t'aime bien," "Je t'aime beaucoup," and many more! Since Canada is unique in that we share many other cultures from across the globe, attendees will learn a variety of other cultural games that can be easily taught and played visitors

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#83 Four Essential Behaviors for Effective Group Leadership**

90-minute workshop presented by:  
Nate Folan

Ever wonder what makes group leaders and facilitators effective? In this practical, activity based session, Nate will share his answer to this question – four practical behaviors of group leadership that inspire engaging, inclusive, and effective learning experiences for a variety of groups in any setting. Really, the consistent practice of each behavior is what matters. Let's explore and practice each behavior through interactive activities and reflect on the impact when applied. Identify your areas of strength and growth, then choose one behavior to practice

when leading your groups. Walk away inspired with a deliberate practice for effective group leadership.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

#### **#84 Active Debriefs: Spark Conversations that Matter**

90-minute workshop presented by:  
Nate Folan

Physical activity benefits our body, lifts our mood, and readies our brains for learning. It also acts perhaps, as a catalyst for conversation. Let's leverage recent brain research and play with the process of debriefing. Experience a variety of activities – all different than last year – that move meaning beyond the traditional debrief circle. Explore a new debriefing paradigm for practitioners who desire to keep participants engaged, recognize their group's desire to play, and ultimately want to explore an active way to spark conversations that matter.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

#### **#86 Presenting like a Rock Star: Exciting Presentation Techniques for Engaging Your Audience.**

90-minute workshop presented by:  
Jeannette Deloya  
Carla Hacker  
Debra Polster

Presenting Like a Rock Star is a workshop designed to support all those who wants to develop their skills in creating exciting and effective presentations; educators, as well as leaders in any field who regularly present to others. This will be a highly interactive and engaging workshop.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

#### **#88 The Neuroscience of Connection: Taking the Role of the Experiential Educator to the Next Level!**

90-minute workshop presented by:  
Zach Burns  
Renee Burns

As experiential educators, working with different groups requires us to consider how various facilitation techniques and process strategies help create positive group development and

encourages connection. But what does “connection” on the biological level look like? This experientially-based workshop not only dives into the crucial role the facilitator plays in creating connections, but explores how the neuroscience of relationship plays out in all group experiences. This workshop is open to all, and individuals with experience as group facilitators in ANY setting are encouraged to attend!

*Audience Level: Intermediate -- Has had training and practice in the field of experiential education and has attended past AEE conferences. Some previous knowledge required.*

### **#93 Gamesmithing: Don't Panic! It's Organic!**

3-hour workshop presented by:

Justin McGlamery

Chris Ortiz

Come PLAY at this entirely co-created and experiential workshop where we will explore emergent leadership, group dynamics, creativity, divergent thinking, improvisation and innovation. Amidst the activity and discovery, we will pause to deconstruct the elements of a great game. We will even attempt to smith our own creations based on these principles. Bring your best self, your willingness to play, trust, and learn with and from others and remember: Don't Panic, it's Organic Gamesmithing.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#94 What if We Could Walk to Peace?**

90-minute workshop presented by:

John Lee

How can people living in conflict-affected communities with no positive or neutral experience of the “other,” learn to cooperate? Experiential peacebuilding is a term used by the Outward Bound Peacebuilding to describe an approach that applies experiential learning to the challenge of building relationships between people on different sides of conflict. The theory behind this work is that experiential learning can build common language, accelerate trust and facilitate positive experiences among adversaries. This interactive session explores the theory and practice of experiential peacebuilding, as well as providing participants with a framework for developing their own experiential peacebuilding activity.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#98 “If We Were Brave...”: Managing Risk in Social Justice Training**

3-hour workshop presented by:

Anna Czarnik-Neimeyer

It's high-stakes: These days, effective social justice training is urgent. We're an education army working to change/train minds & hearts towards justice, and need all the tools we can get. We'll discuss Arao & Clemens' foundational 2013 piece, "From Safe Space to Brave Spaces: A New Way to Frame Dialogue Around Diversity and Social Justice" and explore interdisciplinary theories supporting brave space. We'll dig into practical activities, metaphors, comics, and videos for immediate facilitation use. Great for beginner through advanced, and those interested in being more intentional & just facilitators in any setting: in the field, classroom, or boardroom.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#111 Beyond Sensitization Activities: Using Experiential Activities to Teach People about Disability and Neuro-diversity**

90-minute workshop presented by:

Jay Goddard

In this workshop participants are invited to engage in activities that explore multiple dimensions of effective support and ally-ship for people with disabilities. Typically training programs for staff or professionals have relied on sensitization activities as the beginning step in developing an awareness of disability and neurodiversity. This workshop moves beyond the disempowering cliché of "putting on a blindfold" and explores specific experiential activities that help non-disabled and neuro-typical people examine their own values and beliefs about inclusion and support for people with disabilities. This workshop will be of interest to any one tasked with inclusive staff training or education.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#112 Asphalt Stepping Stones to Wilder Places: Place Based Learning on Outward Bound Canada's Urban Expeditions**

90-minute workshop presented by:

Marika Chandler

Rob Wallis

Outward Bound Canada has been taking youth on expeditions down our cities' ravines, waterways, and trails for 6 years. Today we will take you with us! This workshop will explore how and why, in an ever growing urban world, it is necessary to engage youth on urban

expeditions. By operating in urban centres we are able to address many barriers students face to outdoor education including: financial, emotional, medical, cultural and more. We will share our development of urban expeditionary curriculum, campsite partnerships, and the quirks of urban expeditions while exploring your own city maps and Montreal green spaces.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#117 Why And How Of Story: Moving People To Action**

3-hour workshop presented by:

Jani Jackson

John Losey

Whether leading, teaching, facilitating, or speaking – stories help your audience connect with you and your message. Mark Twain once said “The difference between the almost-right word and the right word is really a large matter. ’tis the difference between the lightning bug and the lightning.” It’s the same with stories. The difference between using the right story at the right time and the almost-right story is the difference between impactful and forgettable. Learn the power of the right story, create and share a story, and plan how to use it to make a powerful impact at a future event.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#119 How to Navigate Our Triggers: Strategies for Dealing with Being Triggered as a Facilitator**

90-minute workshop presented by:

Meg Bolger

Being triggered as a facilitator is a tricky thing to navigate. Something has happened that completely derailed your ability to be present with your group. What can you do in the moment, before hand, or after you're triggered to mitigate any damage done? In this workshop participants will work through the Triggering Events Traffic Circle model to break down what happens when they are triggered and how to navigate back to being fully present again. Additional strategies to help triggered participants will also be discussed.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#124 Crisis Prevention & Deescalation**

90-minute workshop presented by:

Mike Crowtz

Crisis prevention and deescalation is tricky at the best of times yet some people seem to be better at it than others. In this workshop we'll explore concepts, that when understood together will help us have a better understanding of why people go into crisis. This will be a fast paced look at: why people don't calm down when we ask them to, how all behavior is communication, and we'll explore the crisis cycle as taught by The Mandt System of behavioral crisis interaction and prevention.

*Audience Level: Beginner -- For individuals new to the field of experiential education and/or new to AEE. No previous knowledge required.*

### **#125 Is Our Program Meeting Our Environmental Objectives?**

90-minute workshop presented by:

Elizabeth Andre

The mission of many outdoor programs includes some pro-environmental aim. The curriculum, however, often focuses almost exclusively on intra or interpersonal growth and physical challenge. We often assume participants leave with pro-environmental feelings just by virtue of being outdoors. Without deliberate attention to environmental outcomes in the design of our programs, however, it is possible, and perhaps likely, that students are neither connecting with nature in the way we would hope, nor developing pro-environmental attitudes. We'll explore ideas for enhancing our existing curriculum to better achieve the environmental aspects of our mission.

*Audience Level: Intermediate -- Has had training and practice in the field of experiential education and has attended past AEE conferences. Some previous knowledge required.*

### **#129 Developing a Montreal Sense of Place**

90-minute workshop presented by:

Julie Carlson

This workshop will introduce you to principles of place-based learning by directly engaging them in developing their own sense-of-place in Montreal. This session will include direct sense-of-place experiences and reflection strategies that you will be able to, in turn, lead and facilitate for other learners/clients of any age.

*Audience Level: Beginner -- For individuals new to the field of experiential education and/or new to AEE. No previous knowledge required.*

### **#131 Team Development with Only Paper and Markers**

90-minute workshop presented by:  
Chris Ortiz

Do you need your program to do more with less? Does it seem like your materials budget is non-existent? This workshop will be filled with programming ideas to help engage students, physically and mentally in activity with academic purpose utilizing just paper and a marker.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#143 Effective Debriefing Tools & Techniques**

90-minute workshop presented by:  
Michelle Cummings

Are you good at the games but not so good at the debrief? Do you ask questions and get blank stares from your participants? This workshop will focus on 10 effective debriefing tools and techniques that are simple and easy to use. We will break each technique down and demonstrate different games or activities teaching the concept. These techniques for processing are sure to liven up your debriefing circles.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#146 Bullying, Empathy, and Monkeys : The Connection between Brain Science, Connectivity, and Empathy**

3-hour workshop presented by:  
Jeff Frigon

Research suggests that which most educators already know; that empathy and caring are directly linked to bullying. The more empathy we have for each other, the more likely we are to be kind to one another and not bully (or be bullied). By building healthy communities and understanding the connection between empathy, vulnerability, fear, and bullying, we can act in a preventative rather than a reactive way. This experiential workshop will dive deeply into what the research shows to be effective and why; and do so using new and reframed classic activities as well as participant-driven discussion.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#147 International Experiential Education Roundtable**

90-minute workshop presented by:

Juan Antonio "Tony" Dixon

Misty Blakesley

We invite experiential education and therapeutic adventure/adventure therapy practitioners from around the world to network in this workshop. Participants will share what is happening in their countries and communities and will be encouraged to share their perspectives, approaches, and modalities. This workshop is open to all backgrounds, cultures, and people. We will also have a short presentation of the 8th International Adventure Therapy Conference that will be held in Australia in 2018.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#152 Facilitating Performance: Leveraging Mental Skills to Enhance the Performance of Experiential Educators.**

90-minute workshop presented by:

AJ LaLonde

Angela Veatch

Katy Tran Turner, Kelly LaLonde, Marcus Washington, Brian Miles, Brad Marshall

As educators, facilitators, and coaches our main priority is to create an optimal environment for effective learning. We must keep in mind that facilitating is a performance moment and we can employ specific, deliberate strategies to ensure we are performing optimally - especially under pressure or stress. Sport and Performance Psychology consultants have been teaching mental skills to enhance performances under pressure for over 40 years. This workshop will introduce select mental skills and provide examples of how these skills can be applied to experiential education practitioners to enhance their readiness to perform.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#160 Experiential Education: An Engine for Integrated School-wide Social Emotional Learning**

90-minute workshop presented by:

Larry Childs

There is a nation-wide SEL movement recognizing that student social emotional development is not only an essential responsibility of schools but a 'missing link' in the elusive quest for meaningful school improvement. At Project Adventure, we acknowledge that experiential educators are well-equipped to help advance SEL programs but also support and assume a key school leadership role for better alignment and integration of SEL often disconnected and

scattered initiatives. Using an interactive format, this workshop will explore easily adoptable strategies to elevate your SEL programming and leadership abilities as a critical resource for any school or district.

*Audience Level: Intermediate -- Has had training and practice in the field of experiential education and has attended past AEE conferences. Some previous knowledge required.*

### **#163 Managing Up - Cultivating Relationships for Outcomes**

90-minute workshop presented by:

Kris Salisbury

No matter what your position in an organization or agency, managing the relationship with the people or agencies "above" you, can make or break your ability to be successful. Whether you are the Executive Director working with a board or foundation, a newly hired field staff looking to make a good impression or in middle management and wanting to launch a new program, a well-cultivated relationship is critical to success. Join us as we explore strategies for "Managing Up".

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#164 Radical Flexibility: The Key to Running Expeditions with Unique Populations**

90-minute workshop presented by:

Danny Peled

Expedition leaders love systems. However, we find that radical flexibility is key when working with unique populations. At Boreal River, we run expeditions on Quebec's Magpie River with a diverse range of groups—from Innu youth to people living with cancer to political leaders. We put a lot of energy into deciding how to adapt to participants' needs and traditions. During this interactive session, we will use case studies from our expeditions and draw on your experiences. You'll learn about how other organizations enable flexibility while maintaining quality. You'll come away with tools and ideas for your own programs.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

**#165 Tip of Toes Foundation: Wilderness Therapy for Adolescents and Young Adults Living with Cancer**

90-minute workshop presented by:

Mario Bilodeau

Virginie Gargano

The On the Tip of the Toes Foundation has been offering wilderness therapeutic expeditions for teenagers and adults living with cancer for more than 20 years. We will present the mission, goals and objectives of the foundation, explain how the program was created and developed, how to implement such a program, and how to create strong bonds with the health and hospital community. Finally the philosophy, approach and content of the wilderness therapy expeditions will be presented together with the intervention plan, including specific objectives and how to meet them.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

**#166 Nurturing the Spirit in Our Staff and Participants: Spirituality and Experiential Education**

90-minute workshop presented by:

Andrew J. Bobilya

Brad Daniel

Glenn Middleton

Do you consider how to give attention to the spiritual dimension of the human life in your programs? Join us for an engaging discussion on spirituality and experiential education. Learn from others and share ideas about if and how we can encourage spiritual development in the lives of our staff and participants. The workshop facilitators hope to encourage an open dialogue where one faith orientation or spiritual practice is not elevated above another in our discussion.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

**#167 21st Century Program Participants: Can We Achieve the Same Outcomes with Different Levels of Risk?**

90-minute workshop presented by:

Brad Daniel

Andrew Bobilya

Outdoor adventure programs have traditionally embraced challenge and stress as tools for personal growth. To what extent are these concepts useful with a new generation of participants? This workshop will explore whether outdoor programs can encourage personal

growth in the mental, physical, emotional, social, and/or spiritual dimensions using different levels of challenge. We will review recent research and discuss several key questions: Is there an optimal amount of stress that encourages personal growth? How does this generation respond to programs that embrace challenge and stress as tools for growth? How can programs be modified to serve the current generation?

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### **#170 Introduction to Intercultural Communication**

90-minute workshop presented by:

Leila Mata

As part of this workshop participants will learn about Intercultural communication styles; practice strategies for adaptation to different communication styles, and identify aspects of non-verbal communication that affect interactions between those of differing cultures -- even within the same country. This workshop will show how to achieve understanding through experience: activities will allow participants the opportunity to interpret theory taught during the more formal presentation through interaction with workshop peers. There will be open discussion about how to apply ideas and methods to one's professional practice.

*Audience Level: Open to All -- Topic does not depend on level of knowledge or involvement with the field of experiential education.*

### **#171 Accreditation: Organizational Development and International Recognition**

90-minute workshop presented by:

Steve Pace

Would you like to know more about AEE's accreditation program? Would your organization benefit from going through a developmental process for improvement, followed by international recognition by the first recognized accreditation process focusing on experiential adventure programming? AEE accredits a wide variety of adventure programs and organizations, including wilderness adventure programs, outdoor behavioral healthcare programs, colleges and university outdoor programs, K-12 school programs, youth programs, and corporate teambuilding and training programs. If you would like to learn more about this process or if you are interested in serving as a reviewer for the program then this workshop is for you.

*Audience Level: Open to All*

### **#172 AEE Accreditation Roundtable**

90-minute workshop presented by:  
Steve Pace

Accreditation reviewers, members of accredited programs, and anyone with ties to the AEE Accreditation Program are welcome to join in on this discussion. We will be sharing all the latest news and updates, as well as brainstorming ideas for the future. A significant part of this workshop will focus on the improvements made to the accreditation standards in the newest editions of the accreditation standards manuals.

*Audience Level: Open to All*

### **#174 Using Experiential Methods to Enhance Social and Emotional Learning**

3-hr workshop presented by:  
Scott VanderWey  
Michael Wallace

Using Experiential Methods to Enhance Social and Emotional Learning is a Washington State University Extension training program that brings the research and best practices of the experiential learning model into the classroom. Targeting Educators who want to acquire the knowledge and skill needed to transform their classrooms into dynamic, high achieving learning communities. This program establishes a scaffolding to support educators, resulting in increased student performance and decreased disruptive behaviors. Participants have the opportunity to experience best practices, learn the latest research, and the theory behind it. Join us for a jam-packed session that is sure to re-ignite your passion

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