

WRAEE Workshop Name, Instructor and Summary

Workshop Name:	Workshop Summary:
<p>Using A New Model of Transformation to Guide Debriefing and Post-Experience Programming</p> <p>Presenter: Susan Ross</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Facilitation/Processing</p>	<p>Recall your biggest life-changing experience. This is the beginning of transformation, the first cycle of a larger process that requires a second cycle upon return home. According to this research, the second journey is inherently difficult. Learn the 13 phases of transformation and discover where you are located in the process and how you can better help your clients once the transformative adventure is over. Use the 13-phases as a guide to create post-intervention programming designed to help your client complete her transformation and become a new self and also learn psychosocial/spiritual struggles unique to each phase for debriefing.</p>
<p>Resilience VS Resistance</p> <p>Presenter: Bernadine Rosso</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Art and Science of Teaching</p>	<p>Resilience VS Resistance</p> <p>Has the word RESIST caught your attention in the media or on T-shirts lately?</p> <p>Have you ever heard of the saying “what you resist persists”?</p> <p>With all that is going on in the world right now, there is plenty to resist. Many are speaking and acting as if things just shouldn’t be this way.</p> <p>With no peaceable solutions in sight, what is the force that could actually solve the problem? Is it really a problem?</p> <p>Come explore what it means to build resilience in the face of those things personal and global that feel threatening and overwhelming.</p>
<p>From the Field to the Fork: Hands-On Student Leadership and Learning</p> <p>Presenter: Tim Galarneau and UCSC students</p>	<p>This session will explore a student empowerment and engagement model in higher education that provides experiential education from the farm field to the fork. Come learn about new innovations and strategies of mentorship and student leadership through</p>

<p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Schools and Colleges</p>	<p>sharing best practices, undertaking exercises, and joining in hands-on play.</p>
<p>Become a Diversity Change Agent, be the change you want to see in the world!</p> <p>Presenters: Tanya Rao and Susie Barr-Wilson</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Social Justice and Ethics</p>	<p>Genuine change comes from the individual, not from imposed change. What can we do as individual outdoor educators, regardless of gender, race, ethnicity and social class, to work towards creating a more inclusive environment for future generations of our richly diverse population? Let us think of the concepts of diversity, equity, and inclusion as the building blocks of an organization, rather than qualifiers to be part of the current social justice “trend.” Join us for an interactive, motivational goal-setting exercise to discover your inner strengths and become a change agent in your community and your organization. Everyone is welcome!</p>
<p>Telling our story through writing and photography</p> <p>Presenter: Chad Thatcher</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Experience-Based Training and Development</p>	<p>As experiential educators, we have countless hidden stories that could help shape the future of experiential education. Smart phones have amazing cameras that can capture these moments. Rich and descriptive language has the power to transform. When combining the foundational principles of photography and descriptive writing, we can make the seemingly impossible, possible. Learn some basic, yet effective techniques to tell your story. Make sure to bring your cell phone and get ready to take some amazing photos and write your unique story.</p>
<p>Beyond the Initiative...Adapting Activities For Deeper Learning</p> <p>Presenter: Rosy Woodruff</p> <p>Audience Level: Open to All - Topic does not depend on level of</p>	<p>This workshop will introduce 5 classic initiative activities and include several ways to adapt for all types of groups and goals. This interactive workshop will include space for participants to add their own best practices as we co-create the learning.</p>

<p>knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Adventure-Based Programming</p>	
<p>Put More Power Play Purpose into Your Life</p> <p>Presenter: Janet Janssen</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Program Administration</p>	<p>An outdoor setting where participants can relax and be themselves. No skills required other than openness and willingness to explore their life's purpose and interact with others in exercises that help them to tap into their own personal power, purpose and the importance of play between the two.</p>
<p>What's Your Value Proposition?</p> <p>Presenter: Jani Jackson</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Experience-Based Training and Development</p>	<p>Are you ready to walk into a client's office and explain the value your program will bring to their organization? Are you able to give a concise description of your program in a way that grabs a potential client's interest so they want to know more about you? Or do you sometimes feel like you and your client are speaking different languages? Learn how to talk about the value of your organization and its programs with confidence. In this interactive workshop, you'll create an elevator pitch that gets attention, and begin to develop your own unique value proposition.</p>
<p>What Happened to you? Living a trauma informed life.</p> <p>Presenters: Sky Gray and Christine Norton</p> <p>Audience Level: Intermediate-Has had training and practice in the field of experiential education and has attended past AEE conferences. Some previous knowledge required.</p>	<p>Trauma is prevalent in our world and has an impact on many of the people we interact with, including our clients, students and colleagues. Compassionate trauma-informed care (TIC) is essential to providing effective support, building connections and increasing resiliency. We will review TIC principles and look at the Adverse Childhood Experience (ACES) study. We will cover key components of basic brain science as it relates to trauma and healing. Lastly, we will ground with mind body based medicine breath</p>

<p>Thematic Strand: Therapeutic Adventure/Adventure Therapy</p>	<p>work, which will help support you leading a trauma informed life full of curiosity and compassion.</p>
<p>Mindful Health and Outdoor Recreation for At-risk Youth through Restorative Practices</p> <p>Presenter: Jessie Koltz</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Schools and Colleges</p>	<p>Bringing restorative practices into the school along with adventure based approaches to support community and problem solving can benefit students and classrooms. Creating a culture of openness, exploration, conversation, and intention will be supported throughout this workshop. Conversation and exploration of the self will be addressed and hands on practice of a community circle and an adventure based activity will be implemented throughout the workshop. 90% of the workshop will be experiential and interactive. Ideas surrounding challenges participants are experiencing relating to bullying in schools will be discussed to provide an effort to change the way conflicts are addressed with youth.</p>
<p>Creating Invincible Youth-What Every Teen Need to Thrive</p> <p>Presenters: Jen O'Brien- Rojo and Nicole Polen-Petit PhD</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Art and Science of Teaching</p>	<p>In this fun and interactive workshop, participants will learn, discuss and play through the 7 factors of Integrative Youth Development to gain tools to intentionally promote youth thriving by developing the personal and community capacity to create and sustain thick and vibrant webs of support for all youth that protect them from harm and launch them into their greatness.</p>
<p>RhythmALLogY: Using rhythm to build community and connection</p> <p>Presenter: Aaron Kierbel</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of</p>	<p>RhythmALLogY is a playshop open to anyone who wants to share their rhythmic spirit, no previous experience is necessary. Using drums, percussion, creativity, humor, and connection, Aaron will lead participants through facilitated rhythm games and ice-breakers, exploring rhythms from around the world and from our own backyard. A warning: participants may experience a temporary relief from cynicism and</p>

<p>experiential education</p> <p>Thematic Strand: Mind/Body/Spirit</p>	<p>self-judgement, unexplainable eruptions of dancing and laughter, and a peculiar sensation of being connected to others.</p>
<p>Making Land Stewardship Relevant - From being an 'Outsider' to becoming an 'Insider' in the Land Stewardship Movement of the 21st Century</p> <p>Presenters: Yakuta Poonawalla and Jamie Baxter</p> <p>Audience Level: Beginner-Considers her/himself new to the field of experiential education and/or new to AEE. No previous knowledge required.</p> <p>Thematic Strand: Social Justice and Ethics</p>	<p>This workshop will give participants an opportunity to explore their relationship with land stewardship through story sharing. You will first hear a story about being an outsider who migrated from India, to feeling like an insider in the Golden Gate National Parks. Through this example and others, participants will learn what it took for us to create culturally relevant, intentional and welcoming community programs. We hope to empower participants with tools that will help them navigate through difficult conversations about land stewardship, and find new ways to engage in meaningful stewardship programs within their own communities.</p>
<p>Growing Bigger Than Yourself - Youth and Adult Resiliency through Connection</p> <p>Presenters: David Pavish and Amy McDonald</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Mind/Body/Spirit</p>	<p>When you do things by yourself, you are only as big as yourself. In today's world, many adults view themselves as onlookers unless they are asked to do otherwise by youth. However, youth grow faster and stronger when adults are growing with them. Be engaged, get inspired, and learn strategies to engage adults alongside youth in their group and individual development.</p>
<p>Seeing Team-Building Activities through a Social Emotional Learning Lens</p> <p>Presenters: David Pavish and Amy McDonald</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of</p>	<p>Everything adults do with young people can be framed through a social and emotional learning lens. Participants will experience and create new ways to embed social and emotional learning into their current practices and programs. Join us for a fun time of playing and creating together new ways in which we grow individuals - and the group - through their strengths.</p>

<p>experiential education</p> <p>Thematic Strand: Schools and Colleges</p>	
<p>Resiliency in Your Own Personal Ecology</p> <p>Presenters: David Pavish and Amy McDonald</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Schools and Colleges</p>	<p>Don't let compassion fatigue and burnout diminish your passion for work and life. Do your job for as long as you want instead of as long as you can. Discover and engage your own personal support systems, both at work and home, in order to amplify your strengths, resiliency, and passions. Develop strategies to increase retention and job satisfaction within your organization. Join us for fun, meaningful, and personal activities that take you from where you are to where you want to be.</p>
<p>LGBTQIA: DECONSTRUCTING THE ACRONYM IN CONSIDERATION OF YOUTH</p> <p>Presenters: Nicole Polen-Petit PhD and Jen O'Brien-Rojo</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Social Justice and Ethics</p>	<p>For years, in research, policy and practice, anyone who identifies as a sexual minority has been collectively placed under the acronym of LGBTQ+. In reality, the identities represented in this group are incredibly unique and diverse. This presentation will deconstruct the LGBTQ+ acronym and take a deeper dive into each category in consideration of youth in order to increase understanding of the nuances of each group represented. In gaining a better understanding of youth who identify as LGBTQ+, we are then better equipped to connect with and serve them and their families.</p>
<p>Multiple Modality Memory Making</p> <p>Presenters: Robin Parvin & Ken Kramarz</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Facilitation/Processing</p>	<p>Learn how to "OM", our signature method for designing educational experiences by clarifying Outcomes before Methods. Is there an "impossible" challenge lurking in your To Do list you'd love to solve? It could be a lesson plan, training workshop, video, or grant proposal. Bring that challenge to this workshop and we will help you move it from impossible to inspired. You'll start with radical empathy and end up with a completed outline for success. Along the way, you will have fun and learn how Multiple Modality Memory Making engages Perception, Processing and Projection to</p>

	enhance comprehension and recall.
<p>Sound Off!</p> <p>Presenter: Rohan Shahani</p> <p>Audience Level: Beginner-Considers her/himself new to the field of experiential education and/or new to AEE. No previous knowledge required.</p> <p>Thematic Strand: Facilitation/Processing</p>	<p>Music is a universal language! Whether your participants are of different racial or ethnic backgrounds, learning styles, or personalities, music is an instructional medium that can help engage their feelings and emotions. Sound is a medium that all people can interact with - even those with different hearing abilities. In this workshop we will explore how sound, song, tone, and rhythm can be integrated into your presentations, and how it engages your participant's thoughts, emotions, actions, and feelings.</p>
<p>Mental health and physical wellness through experiential learning: utilizing nature as a platform for healing and growth.</p> <p>Presenter: River Krimner</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Therapeutic Adventure/Adventure Therapy</p>	<p>Inundated by social media and constant distractions through screens that promise a false sense of connection and belonging, our communities of today need a new form of treatment. When we create space for others to be truly present in the moment, our participants can begin to focus on what things look like at the speed of life. Join River for a 90 min adventure to learn about the tools that he is using, populations that he is working with, participate in an experiential learning activities and hear how he is working from a collaborative and community building model to do more with less.</p>
<p>How Can You Engage-Collaborate-Thrive in an Academic Setting? (and meet curriculum objectives).</p> <p>Presenter: Kimberly Anne DeWit</p> <p>Audience Level: Open to All - Topic does not depend on level of knowledge or involvement with the field of experiential education</p> <p>Thematic Strand: Schools and Colleges</p>	<p>Sometimes an impossible number of objectives are held over our heads, as educators. Want to check out how to meet multiple objectives in one experience? Let's make this possible! In teams of 3-4, attendees will participate in a mini goosechase- a scavenger hunt like activity- which involves collaboration, teamwork, creative problem solving, completing actions together, role-playing, fun!, and a little exploration of local surroundings. The whole group will then discuss, examine and explore ideas organically about how to effectively apply EE strategies to</p>

	<p>achieve content specific outcomes (using this and/or other examples). Participants will leave with a virtual tool-kit of ideas for their own applications of content. Digital access with cell device a big plus, but not 100% necessary.</p>
<p>Aligning Accreditation, State Regulations, and Institutional Culture into one Risk Management Incident Plan.'</p> <p>Presenter: Mike Wagner</p> <p>Audience Level: Intermediate-Has had training and practice in the field of experiential education and has attended past AEE conferences. Some previous knowledge required.</p> <p>Thematic Strand: Program Administration</p>	<p>This workshop focuses on the development of an overarching Risk Management Plan that includes AEE accreditation standards, Department of Human Services regulations, and Wilderness Risk Management best practices. Coordinating these concepts to align with an outdoor programs culture can be exhausting. This workshop aims to illustrate the groundwork necessary to meet these regulations without breaking the bank, changing the culture, or compromising the heart of adventure and experiential education.</p> <p>The experiential nature of the conference will be reflected in this workshop through experiential facilitation, collaborative discovery, and engaging activities. Attendees from all backgrounds and interests are invited to attend.</p>