What’s the Story?
Adding the Next Chapter

FEB. 22-24, 2019
YMCA Camp Greenville,
Cleveland, SC

AEE.org/southeast
Facebook.com/AEESE
Instagram: AEESoutheast
Welcome to the 2019 AEE Southeast Regional Conference

YMCA Camp Greenville

What’s the Story? Adding the Next Chapter

Storytelling offers information in a beautiful experiential way, promoting present understanding and future growth. Stories remind us where we have been and help us make meaning of where we are. Most importantly, storytelling offers an exploration of future potential and where we want to go. We all write our own stories, so we can write what we desire!

The Association for Experiential Education’s story has deep roots in the Southeast Region, dating back to the first international conference in Boone, NC. At the 2019 Southeast Regional AEE Conference we will be “Adding the Next Chapter,” as we convene and ask, “What’s the Story?”
2019 Southeast Regional Conference Schedule

FRIDAY (February 22, 2019)
3:00 pm – 5:30 pm: Registration, Free time at Lodge
5:30 pm – 6:00 pm: Meet, greet, and mingle at Lodge
6:00 pm – 7:00 pm: Dinner at Dining Hall
7:00 pm – 10:30 pm: Welcome, Playnote, and Evening Entertainment at Lodge

SATURDAY (February 23, 2019)
7:00 am – 8:00 am: Sunrise Activity (Run/Walk or Yoga) Meet at Lodge
8:00 am – 8:45 am: Breakfast at Dining Hall
8:45 am – 10:30 am: Registration Continues
9:30 am – 10:45 am: Workshop Session 1
11:00 am – 12:15 pm: Keynote at Lodge
12:30 pm – 1:15 pm: Lunch at Dining Hall
1:30 pm – 2:30 pm: Workshop Session 2
2:45 pm – 4:00 pm: Free time
4:15 pm – 5:30 pm: Workshop Session 3
6:00 pm – 7:00 pm: Dinner at Dining Hall
7:00 pm – 7:30 pm: Regional Business Meeting at Dining Hall
7:30 pm: Evening Entertainment at Lodge
9:00 pm: Silent Auction Closes

SUNDAY (February 24, 2019)
8:00 am – 9:00 am: Breakfast at Dining Hall
10:00 am: Room Check-out
9:00 am – 10:15 am: Workshop Session 4
10:30 am: Conference Closing at Lodge

Posting pics from the conference?
Make sure to add the hashtag, #AEESE2019 to share the fun!
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2018-2019
Southeast Regional Council

Council Chair: Eric Starkweather
2019 Conference Convener: Renee Roark
Treasurer & Student Engagement Committee Chair: Laura Baird
Marketing & Graphics: Christie Miga
Workshops: Josh Orphanidys, Daniel Cape, & Devin Kearns
Service Crew Coordinator: Michael Misenheimer
Member at Large: Brad Daniel & Beth Dille
Newsletter Editor-in-Chief: Daniel Cape

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About the Association for Experiential Education

The Association for Experiential Education (AEE) is a nonprofit, international, professional organization whose mission is to develop and promote experiential education. AEE was formed in the early 1970s and now has close to 1,400 members in 30 countries worldwide. The association is committed to supporting professional development, theoretical advancement, and evaluation of experiential education worldwide. Our intent is to contribute to making a more just and compassionate world by transforming education. AEE does not discriminate on the basis of race, religion, gender, sexual orientation, age, physical ability, or professional affiliation in matters of employment or application for membership. Our diverse membership consists of individuals and organizations with affiliations in education, recreation, outdoor and adventure programming, the environment, mental health, youth development, programming for people with disabilities, service learning, and organizational development.

About YMCA Camp Greenville, Cleveland, SC

For over 100 years Y Camp Greenville has been owned and operated by the YMCA of Greenville. At 1400 acres, Camp Greenville is the 5th largest Y Camp in the country. Its unique mountaintop setting and adventurous programs make for unforgettable experiences that provide a lifetime of memories. Four generations of families have called Camp Greenville home. We'd love for you to make it part of your family tradition.

Please visit the website to learn more: https://campgreenville.org/
Playnote:  
Daniel Cape & Laura Baird

Daniel Cape is the creator of EPIC Cards, a unique resource used to help educators intentionally teach creativity to students of all ages and from all walks of life. He is also the author of *From Experience to Creativity: The experiential educator’s incomplete guide to creativity*. Daniel is working on his Ph.D. in psychology with a focus in creativity studies and has a master’s degree in experiential education from Minnesota State University, Mankato. He has used his creativity to teach in a variety of educational settings for 15+ years.

Laura Baird is the Program Coordinator for Polk County Parks and Recreation. Her educational background is in Marine Science, Environmental Science, and Park & Recreation Management. She has worked as an aquarium educator and state park naturalist for the past decade. She understands how powerful combining hands-on learning and storytelling can be to children and adults alike, and strives to bring creativity to whatever situation life serves up.
Sandy Newes, Ph.D. is a Licensed Psychologist with over 20 years of experience integrating therapeutic models and techniques into experiential settings. A long-standing member of AEE, Sandy is a Past Chair of TAPG and also co-facilitates Clinical First Responder (CFR) trainings for staff in therapeutic programs and outdoor leaders. A firm believer in integrating body-based and experiential approaches into psychotherapy, in her practice Sandy specializes in anxiety, trauma, and stress and offers psychotherapy, neurofeedback, assessment, program consultation, and training. She is a certified trainer of the Community Resilience Model (CRM), Reconnect for Resilience (RFR), and is also certified in the Trauma Resilience Model (TRM).

Sandy is keenly interested in how neuroscience informs our day-to-day experience, and how brain-based practices can shift deeply entrenched patterns of emotion and behavior. She takes pride in walking her talk, and in her teaching draws from her experiences with learning to thrive as a single parent to help teach others tools they can apply to their own lives to foster resilience and develop increased joy and belonging.
Saturday Evening Entertainment: Alma Russ

Alma is a singer-songwriter out of western North Carolina. Having a foundation as a fiddle and banjo player, she is influenced by old time and bluegrass, which she blends with folk and country, making her music akin to a patchwork quilt; elements of old and new that mix together to make something unique.

Driving positive change through professional development, scientific research, and innovative design.

2nd Nature TREC helps organizations thrive through providing expertise in professional development, program research and evaluation, and design consultation for the environment, outdoor, and experiential education community.

For a complete list of trainings & courses, visit www.2ndNatureTREC.com
Conference Highlights:

Career Connections:
This is the spot where you can post information on your program, and any open jobs you might have, so bring extra brochures or handouts. Also, don’t forget to bring business cards! Looking for a job? Don’t forget to bring several copies of your resume.

Location: Porch of the Dining Hall

Also, stop by the Porch of the Dining Hall to visit our great sponsors, including:

- Elk River Treatment
- 2nd Nature TREC
- Real Digital Productions
- Ruby Outdoors
- Experience to Creativity
- North Carolina Outward Bound School

Silent Auction:
The Porch of the Dining Hall will be open for the Silent Auction during the entire conference. The Silent Auction will close at 9:00 pm on Saturday night. Silent auction items will be awarded during the Saturday night entertainment.

Sunrise Activity:
Sunrise Yoga: Bring a towel or yoga mat and meet Alisha Blair
How to Read the Workshop Schedule & Descriptions:

**Adventure-Based Programming (ABP):** Techniques and models used by practitioners to foster learning and growth in wilderness- and adventure-based programs, outdoor education, or organized camping. Topics could include, but are not limited to: challenge course building/design, universal programming/design, initiatives and trust-building activities, climbing, boating, expeditions, and wilderness medicine.

**AEE Leadership Development (AEELD):** Workshops designed for AEE current and potential leaders and presenters. Topics could include, but should not be limited to: first-timer orientation, how to write a proposal, presenter development process, regional or Professional Group leader training or development, board and committee development, how to put on an AEE conference or event, general membership meeting, and AEE accreditation or publications training or meetings.

**Art and Science of Teaching (AST):** We all teach no matter in what thematic strand we operate. Topics could include, but are not limited to: techniques of effective teaching (i.e. what’s in your teaching toolbox?), the “art” of teaching, skills necessary to be an effective teacher and an efficient learner, techniques to enhance learning, how multiple ways of seeing and thinking influence learning and teaching.

**Environmental Education/Nature Study (EE/NS):** Techniques, models, and curriculum used by practitioners to foster environmental literacy and learning about environmental issues and the natural world. Topics could include, but are not limited to: environmental awareness and stewardship, sustainability, nature studies, conservation, and minimal-impact techniques.

**Experience-Based Training and Development (EBTD):** Techniques and theories to facilitate growth and development of, and within, organizations. Topics could include, but are not limited to: team-building, leadership development, assessing clients’ needs, program design and evaluation, facilitating strategic planning, visioning, business transformation, and systems thinking.

**Facilitation/Processing (F/P):** Cross-disciplinary techniques, tools and models for exploring philosophy, practice, methodology, self-development and growth as a practitioner working with groups in a variety of settings. Topics could include, but are not limited to: challenge by choice, full-value contracts, group dynamics and development, framing, reflection, facilitating the experiential learning cycle, observation skills, technical skills, collaboration and co-facilitation, and developing professional skills.

**Mind/Body/Spirit (M/B/S):** Integrating all dimensions of the human being as an essential aspect of experiential education. Topics could include, but are not limited to: creativity, yoga, meditation, martial arts, personal wellness, prayer and other practices that involve a synthesis of spirituality, mindfulness, and body work.
**Research and Evaluation (RE):** Theories related to experiential learning, new and continuing research results, evaluation methods and outcomes.

**Social Justice and Ethics (SJE):** Social and ethical issues and questions as they relate to experiential education. Topics could include, but are not limited to: issues of ethnicity, class, gender, sexual orientation, age, ability and multi-culturalism. Also includes professional standards, ethics and integrity.

**Schools and Colleges (SC):** Experiential teaching and learning for primary, secondary and higher education. Topics could include, but are not limited to: collaborative learning, empowerment-based education, service-learning, adult education, inquiry and action learning, problem-based instruction, peer education, simulation and role playing, learning style-appropriate teaching, and lab-based instruction. Workshops may also focus on unique theories and models of programs, including co-curricular education, integrating adventure into the curriculum, interdisciplinary learning, learning communities, youth development, values and character development, and community-based education.

**Therapeutic (T):** Therapeutic application and underlying theories and models of adventure-based practice in mental health, corrections, substance abuse, health and related fields. Topics could include, but are not limited to: clinical assessment, treatment modalities, ethics of client treatment, and workshops that blend other forms of experiential practice (art, drama, music, animal assisted, etc.) for therapeutic purpose.
## Workshops at a Glance:

<table>
<thead>
<tr>
<th>Location:</th>
<th>Lake House</th>
<th>Lake House</th>
<th>Lake House</th>
<th>Adventure</th>
<th>Airnasium</th>
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<tbody>
<tr>
<td></td>
<td>Room 1</td>
<td>Room 2</td>
<td>Room 3</td>
<td>Center</td>
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<tr>
<td></td>
<td>(Big Room)</td>
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### Saturday

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<tr>
<th>Time</th>
<th>Room 1</th>
<th>Room 2</th>
<th>Room 3</th>
<th>Center</th>
<th>Airnasium</th>
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</thead>
<tbody>
<tr>
<td>9:30am - 10:45am</td>
<td>Finding Your Impact Zone</td>
<td>So... What's Your Story?</td>
<td>Worldviews and Experiential Education</td>
<td>Telling your Story Through the Accreditation Process</td>
<td>N/A</td>
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<tr>
<td></td>
<td>(Experienced-Based Training &amp; Development)</td>
<td>(Facilitation &amp; Processing)</td>
<td>(Facilitation/Processing)</td>
<td>(Program Administration)</td>
<td></td>
</tr>
<tr>
<td>1:30pm - 2:45pm</td>
<td>The MAGIC of Cognitive Dissonance: An Uncompletey Original Workshop That_draws on Gnippilf Assumptions</td>
<td>STUDENT WORKSHOPS 1:30 - 2:00pm Type 2: It's Not All About Fun</td>
<td>STUDENT WORKSHOPS 1:30 - 2:00pm Bridging the Gap Between Outdoor Experiences and Technology</td>
<td>Self Care: Striving for Compassion Satisfaction Versus Compassion</td>
<td>N/A</td>
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<tr>
<td></td>
<td>(Art and Science of Teaching)</td>
<td>(Facilitation/Processing)</td>
<td>(Schools &amp; Colleges)</td>
<td>(Mind/Body/Spirit)</td>
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<td>2:15 - 2:45pm Let's Think About It: The Art of Mindfulness</td>
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<td></td>
<td>(Therapeutic)</td>
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<tr>
<td>4:15pm - 5:30pm</td>
<td>Adapting to Inadequate Spaces</td>
<td>Team Building and Hostile Environments</td>
<td>The Art of Blending Academic and Experiential Learning: Helping Students Discover Their Own Meaningful Lives</td>
<td>Adverse Childhood Experiences: What's in Your Backpack?</td>
<td>Unleash Your Creativity with Cooking</td>
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<td></td>
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<tr>
<td>Location:</td>
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**Sunday**

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<tr>
<th>Time</th>
<th>Location</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>9:00am - 10:15pm</td>
<td>N/A</td>
<td>We’ve Had a Great Adventure! Now What? (Facilitation/Processing)</td>
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<td></td>
<td>What’s On Your Rear End? (Facilitation/Processing)</td>
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<td></td>
<td>Leave No Trace: Achieving Buy-in Through Play (Environmental Education/Nature Study)</td>
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**Save the Date:**

**2019 AEE International Conference:**
Spokane, WA | Nov. 13-15, 2019

**2020 Southeast Regional AEE Conference:**
Kanuga Conference & Retreat Center Hendersonville, NC
Feb. 27-Mar. 1, 2020
<table>
<thead>
<tr>
<th>Workshop Description</th>
<th>Presenter Biography</th>
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<tr>
<td><strong>Leave No Trace: Achieving Buy-in Through Play</strong> &lt;br&gt;Stephanie “Ruby” Compton</td>
<td>Ruby Compton has worked over ten years in the outdoor industry in summer camp and environmental education. She has special interests in work cultures, staff training and development, productivity, and systems and processes. She works as the Chief Exploration Officer for her company Ruby Outdoors, which focuses on helping busy professionals be more present and confident outside. Ruby presents at conferences around the world and is one of the hosts of the staff training podcast Camp Code. As an active volunteer for the American Camp Association, she serves as a Standards Instructor and Visitor.</td>
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<tr>
<td><strong>Unleash Your Creativity with Cooking</strong> &lt;br&gt;Ofri Hirsch</td>
<td>Born and raised on a kibbutz in Israel. Trained as a teacher as part of a military service. He holds a bachelors of science and design from RMIT University, Melbourne, Australia. He also holds a master’s degree in Urban Planning from the Harvard Graduate School of Design. He was the previous owner of Ofri’s Home Cooking, workshop-based training for people with special dietary needs and Lilac Puree which provided fresh meals for those with swallowing difficulties. Currently, he is the owner of Asheville Mountain Kitchen, hosting creative culinary team building events. Ofri is also the owner of NC Terrain, providing services in landscape architecture and planning.</td>
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<tr>
<td><strong>Adverse Childhood Experiences: What’s in Your Backpack?</strong> &lt;br&gt;Joseph Maldonado</td>
<td>Joseph currently serve as the Challenge Course Director at Kinetic Heights in Charlotte, NC. His primary focus is on professional development with companies, schools, and non-profits. Outside of the director hat, he volunteers with kids and adults with developmental disabilities. As an advocate for the development, implementation, and application of the A.C.E.’s program with an emphasis on Social Emotional Learning for several private and county schools, Joseph has been instrumental in bringing knowledge and training specific to the needs of the community.</td>
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</tbody>
</table>
So... What’s your story?
Bo Wolfe

A good story can be used to make a point, to inspire, to encourage, to lighten up a tense situation, or to weave a magical metaphor for the people listening. This workshop will explore the many things that impact our own personal story. We will be looking at the art of story telling and some of the uses of story telling in order to figure out how to weave a good story into everyday interactions with clients. We will look at personal experience and identity and examine how those things impact our ability to tell a story that will have the desired effect on our audience.

Bo Wolfe is currently the program Director for Elk River Treatment Program. He has been involved in the outdoor industry for the past 16 years. Over that time he has worked for a couple of different organizations doing team building, ropes course work, leading backpacking and canoe trips, and residential treatment work. Bo has presented at different conferences around the country on various topics, all connected to experiential education. Bo has been attending various AEE conferences for the past 14 years.

Finding Your Impact Zone
Ali Holroyd Lien

Fellow educators! Are you looking to expand your Impact Zone? How can you channel your passion and vision to have the greatest impact on your community and those you serve? Join us for this interactive workshop to seek the answers to some of those tough questions. Learn from the stories of one successful entrepreneur of what it takes to successfully follow your dreams!

As experiential educators, we often focus on the change and work we can do for others. Well, now it's your turn. Spend some time with your new AEE-SE friends to discover how you can reach beyond where you are right now to have an even greater impact. We will take some time for both reflection and sharing towards your personal and professional goals and vision. Come ready to be challenged and encouraged--for we all have the great responsibility and opportunity to reach for our Impact Zone!

Ali is the co-founder and Executive Director of Mountain Roots, Inc. and an adventurous entrepreneur! Having worked for outdoor and adventure programs in 12 states on both the east and west coast, she brings a diverse background to each opportunity. Mountain Roots is an educational nonprofit that offers Outdoor Education programs at schools, summer nature day camps, and leadership / community retreats. Collaboration and networking within the outdoor industry are among her professional passions. Ali's husband is a fellow adventurer and firefighter in Asheville. Their 8 year old kiddo inspires Ali every day with his curiosity and zest for life.

We’ve had a great adventure! Now what?
Lucinda Martinelli

You’ve guided your participants through an exciting adventure: a high ropes course, a whitewater trip or a mountain top experience. You’ve seen growth and learning. Now what? We know that memory of an experience is guided by the story we tell ourselves about it. This workshop will discuss memory research and processing techniques. Participants will leave with more tools in their toolboxes to get the most out of a facilitated adventure.

Lucinda is a passionate and accomplished facilitator dedicated to helping practitioners improve themselves and their work. She has been facilitating, supervising and coordinating adventure programming in schools, camps and outdoor centers for more than 25 years across the Northeast and in Michigan. She currently facilitates in the University of Michigan Adventure Leadership program.
**The MAGIC of Cognitive Dissonance: An Uncompletely Original Workshop that DRAWS on Gnippilf Assumptions**  
Daniel Cape & Tong Li

Assumptions guide and misguide our lives in ways that lead us towards predictable outcomes and keep us from trying new experiences. Understanding creativity can help experiential educators challenge participants’ assumptions while facilitating cognitive dissonance that leads to more surprising outcomes. This workshop will use magic and the art of caricatures to challenge your assumptions, teach you about creativity, and show you how to create cognitive dissonance with your participants in ways that are applicable to any environment.

Daniel Cape has worked in the field of experiential education for over 15 years in US and international camp settings, classrooms, project-based learning schools, and independent transition programs, in addition to his experience serving as a combat engineer officer in the army national guard. He has an MS in experiential education and is working on his PhD in psychology with a focus in creativity studies at Saybrook University. Daniel recently published his book From Experience To Creativity and his EPIC Cards that both teach and promote creativity.

Tong Li is a magician and also an instructional designer. He has been dedicating himself to bringing magic into education for 8 years. Tong is currently working on his doctoral degree in Learning, Design, and Technology at the University of Georgia. His research focus is on using magic performance to promote students’ creative thinking and design thinking. The magic-based method he developed has shown its effectiveness in helping his students develop a flexible mindset and learn creative design.

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**What’s On Your Rear End?**  
David Carr

Upon moving to Asheville, NC, I quickly realized that Asheville was the mecca of bumper stickers! I have seen more bumper stickers here in Asheville than any other place I’ve been or visited! I began taking pictures of bumper stickers and have well over 500 photos of what I consider the original tweet. I also began to realize that bumper stickers were a 1st amendment channel of communication. Bumper stickers fall into several key categories and are a stimulus for telling a story. I use bumper stickers to help groups break the ice, debrief and peel the onion with one another. This workshop will explore the use of bumper stickers as a tool to bridge gaps, to seek to understand before being understood, to not take yourself or others so seriously and to learn to “tweet unto others as you would like to be tweeted!”

Paperboy, grocery stock boy, window washer, toilet bowl cleaner salesman, newspaper columnist, artist...David finally found his calling in ’96 leading him to his dream job at Camp Joy, Clarksville, OH, as Venture Out! Director of corporate organizational development. Having spent over 20,000 hours working with over 1,500 leaders and teams from Fortune 500 companies, non-profits, fine dining, academia and government, he’s come learn that if you want to “seize the day,” then you need to learn to steal, swear, gamble, drink and lie!

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**Adapting to Inadequate Spaces**  
Jon Grizzle

Ever been asked to facilitate in an auditorium with bolted chairs? Or worked with a large group seated around tables? Come and experience activities that can be adapted to meet the space. Whether you’re restricted by chairs or confined to tables, you’ll learn ways to deliver a meaningful experience despite spatial challenges.

Trainer, facilitator, and author. For over a decade, Jon has worked full time facilitating groups of youth and adults through professional development and leadership trainings at a non-profit organization in Memphis, TN.
Let's Talk About How We Talk About Experiential Education
Daniel Cape & Dan Miller

In this co-created workshop, we will examine the vocabulary we use to communicate our passion for experiential education (EE). What are the buzz words? Where did they come from? How can we talk about EE in a way that draws people in and accurately conveys the magic that we make? Our aim is to walk away as confident representatives of our professional community, ready to answer the stranger at the airport when they ask, 'So, what IS experiential education anyway?'

Daniel Cape has worked in the field of experiential education for over 15 years in US and international camp settings, classrooms, project-based learning schools, and independent transition programs, in addition to his experience serving as a combat engineer officer in the army national guard. He has an MS in experiential education and is working on his PhD in psychology with a focus in creativity studies at Saybrook University. Daniel recently published his book From Experience To Creativity and his EPIC Cards that both teach and promote creativity.

Dan Miller currently serves as the Chief Learning Officer for AEE. His background includes 13 years with Outward Bound as an instructor, course director, and staffing coordinator. Dan believes that experiential education can be the most effective way to build empathy and compassion in our students. He became a member of AEE in 2010 and enjoyed it so much that he became a staff member in 2015.

The Art of Blending Academic And Experiential Learning: Helping Students Discover Their Own Meaningful Lives
Lalenja Harrington, PhD, Megan Cayton, & Ryan Milligan

College students are increasingly “advised” to view education from the standpoint of consumers demanding efficiency and profitability from their educational “product.” This one-dimensional approach does not make space for the complexity of experiential exploration that leads to critical consciousness and meaningful knowledge making about one's life. As this session explores Design your life, an approach that incorporates a more holistic view to academic engagement, attendees will be guided in an experiential process that explores what it means to feel empowered, passionate, energetic, and committed towards a life they desire and represents who they are. It will also show how academic programming can incorporate these foundational guideposts to help students fully invest their best selves - their hearts, minds, bodies and spirit - in creating meaningful work and a life of significance through engagement in instructional activities that foster inclusive learning and engage all students equitably in the learning process.

Lalenja Harrington, PhD is the Director of Academic Program Development and Evaluation for Integrative Community Studies at UNC Greensboro where she has been involved with program development since 2007, and where she has recently earned her Ph.D in Educational Studies and Cultural Foundations. Her current responsibilities include teaching, research, evaluation and reporting, curriculum development, oversight of program of study/credential, campus and community collaboration, and scholarship in the field. She is passionate about social justice for all, and has had the great pleasure of working in solidarity with folks with disabilities for the entirety of her professional life.

Megan Cayton is a Student Success Navigator and Instructor in the School of Health and Human Sciences at UNC Greensboro with a passion for helping others find their path through mentoring and leadership experiences. She teaches personal development courses in the Life Design Program: HHS 125: Design Your Life 1 - What Could I Do With My Life? and HHS 135 - Design Your Life 2 - Redesign a Life you Love, and HHS/ENT 275 - Entrepreneurial Personal Branding. Megan is a certified Life Design Catalyst Coach and a bonafide TeamQuest Facilitator.
Ryan Milligan is the Assistant Director for the Office of CTPE at UNC Greensboro. Through the years that he worked with the program model, he has served in positions within student life, student supports, and housing & student affairs before coming into his current position. His professional duties include coordinating course schedules, supervising interns and service learning students, program progression for students, multidisciplinary collaborations, and supporting program research and evaluation. He currently teaches the practicum courses for Sophomore and Junior level students.

**Type 2: It’s Not All About Fun!**  
Mike Holley & John Ribes

This workshop tackles the idea of motivation and what it is that keeps us persevering even in the most trying of times. In a current climate of endless possibilities, where it is shockingly easy to give up, disregard prior ambitions and start over, what is it that inspires individuals to venture ceaselessly forth with particular goals despite hurdles and hardship. The content of this workshop is focused around the importance in experiential education of setting goal driven missions, objective assessment and self reflection at the aim of identifying the different types of motivation and the rewards of each.

Mike Holley is a masters candidate in the Student Affairs and College Outdoor Program Administration department at Appalachian State University. His passions lie in Outdoor Experiential Education, adventure sports based programing and organic resource management. In the past Mike has worked as a B.A.S.E. jumping instructor and guide with one of the oldest recognized organizations in the field, was a fulltime lighthouse keeper at Piedras Blancas Light Station and worked in the realm of cognitive training with the International Vipassana Meditation Institute. Currently he is a graduate assistant with the community service and student engagement organization Appalachian Community Together (ACT).

John Ribes is a first year graduate student in the Student Affairs and College Outdoor Program Administration program at Appalachian State University. He specializes in Outdoor Experiential Education and is currently practicing as a professional graduate assistant in Appalachian State’s Outdoor Programs. He has worked with notable outdoor organizations such as Outward Bound, NOLS, and the American Mountain Guide Association but he is most proud of the work he has done with urban students in Minnesota and rural students in Appalachia.

**Bridging the Gap Between Outdoor Experiences and Technology**  
Hannah Cook & John Ribes

Outdoor engagement and technology use are often regarded as mutually exclusive. We believe that there are ways to utilize technology to enrich outdoor experiences by increasing accessibility and environmental literacy. Learning how to incorporate tech into the outdoors might also open doors for Gen Z and other technologically savvy groups to be more excited about outdoor activities. Through this program, we hope to use our own experiences to showcase effective ways to utilize technology while also providing suggestions for other professionals. We will highlight when tech can be useful while also acknowledging when it can detract from the experience. Our goal is to help show where balance can be achieved between outdoor experiences and technology to create optimal results.

Hannah Cook is a first year graduate student in Student Affairs and College Outdoor Program Administrations at Appalachian State University. Originally from Kansas, Hannah has loved the outdoor opportunities that come from living in Boone. She currently works as a residence director in the Appalachian Panhellenic Hall and is passionate about incorporating experiential education into group development and residential learning. Hannah has worked as a camp director for the past two summers, and enjoys helping youth learn to love the outdoors.
John Ribes is a first year graduate student in the Student Affairs and College Outdoor Program Administration program at Appalachian State University. He specializes in Outdoor Experiential Education and is currently practicing as a professional graduate assistant in Appalachian State's Outdoor Programs. He has worked with notable outdoor organizations such as Outward Bound, NOLS, and the American Mountain Guide Association but he is most proud of the work he has done with urban students in Minnesota and rural students in Appalachia.

Facilitating Spectacle: Creating the Reality
John Ribes, Hannah Cook, & Mike Holley

We’ve been led through secret missions to the rainforest and commandeered pirate ships all over the Caribbean without ever leaving our state. By harnessing spectacle, our facilitators have created realities for us to become whoever we want to be. Spectacle convinces us there is an environment around us that we can’t see but we can physically imagine ourselves in. Through spectacle, we have the power to frame meaningful and powerful experiences for our students just by asking them to buy into our imaginative environment. This workshop will help facilitators hone their spectacle skills and put a language to the practice.

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Mike Holley is a masters candidate in the Student Affairs and College Outdoor Program Administration department at Appalachian State University. His passions lie in Outdoor Experiential Education, adventure sports based programing and organic resource management. In the past Mike has worked as a B.A.S.E. jumping instructor and guide with one of the oldest recognized organizations in the field, was a fulltime lighthouse keeper at Piedras Blancas Light Station and worked in the realm of cognitive training with the International Vipassana Meditation Institute. Currently he is a graduate assistant with the community service and student engagement organization Appalachian Community Together (ACT).

Team Building and Hostile Environments
John Gorham & Anna Katherine Carpenter

This workshop is designed to help group facilitators understand how to unite a group of individuals together that may be resistant to effective communication and cooperation. Understanding effective ways to communicate can help transition periods of group development go smoothly and with minimal setbacks. Unity is set to begin with facilitation from group leaders and follow through to group members. In this workshop, attitude is key as it can be infectious to others. Come and join as we learn how to set an example to unite those who are resistant to unity itself.
John Gorham graduated from Jacksonville State University with a degree in Criminal Justice and Sociology. John started his career in behavioral therapy with the Elk River Treatment Program in November of 2017 where he is currently a Supervisor. Mr. Gorham is highly trained in de-escalation tactics provided by Satori Alternatives to Managing Aggression. John has formerly volunteered as a trainer for the Big Brother/Big Sister program and has sat on the Board of Directors for The Justice and Civil Rights Initiative, a civil and human rights organization based in Northeast Alabama.

Anna-Katherine Carpenter graduated with a degree in Recreation Therapy from the University of South Alabama. Anna-Katherine has devoted her life to helping at-risk teens and adults with addiction disorders and mental health disorders. She began her career with the Elk River Treatment Program more than five years ago where she now serves as the Assistant Program Director. Ms. Carpenter is highly trained in de-escalation tactics provided by Satori Alternatives to Managing Aggression and her passion to help others is unprecedented.

**Self-Care: Striving for Compassion Satisfaction Versus Compassion Fatigue**
Sam Fleischman & Haley Hines

As helping professionals we strive to serve others in ways that empower them to improve quality of life through creating the opportunity for change, bring order to chaos, and ease/heal suffering and pain. However, being successful in this profession does not come without emotional exhaustion, constant exposure to secondary trauma, and burnout/compassion fatigue. This presentation will increase our chances of compassion satisfaction by understanding how to recognize compassion fatigue and taking the necessary steps to balance personal life and professional stressors.

Sam Fleischman has been working with troublesome youth for the past 5 years. He has worked as Direct Care Staff, Front Line Staff Trainer, and Therapist at Elk River Treatment Program. He has an undergraduate and graduate degree in social work and is licensed at the graduate level. He played college basketball for four years while pursuing his undergraduate degree in social at the University of North Alabama. He then completed a graduate degree in social work from the University of Alabama and is licensed at the graduate level.

**Worldviews and Experiential Education**
Brad Daniel

One of the most valuable skills for any facilitator is the ability to read his/her group. In order to understand our audience, we must understand the lens through which participants often filter and interpret reality. This workshop will present the concept of worldview and how it informs experiential education practice. Worldview concepts will be defined through activities and examples. Several relevant theories drawn from neuroscience will be introduced including amygdala hijacking and motivated reasoning.

Brad Daniel has been a college professor, wilderness trip leader, and field science instructor for over 30 years. He holds Masters degrees in Biology/Ecology, Outdoor Education, and Liberal Arts and Sciences and a PhD from Antioch University New England. He has authored numerous publications, including the Teaching Methods Module for the North Carolina Environmental Education certification program. Brad has been the recipient of many awards including Distinguished Professor, 2001-2010 Professor of the Decade, and the 2016 Lifetime Achievement Award in Environmental Education. Brad's passion is using the outdoors to engage the heart, challenge the mind, and nurture the spirit.

**Let’s Think About It: The Art of Mindfulness**
Myranda Cook
Practicing mindfulness is a technique that is well-known among mental health professionals but is disseminating to the general public quite slowly as a natural means to interact with an environment. This presentation will provide participants with the definition, usefulness, as well as tools utilized by mental health professionals when interacting with clients that exhibit anxious tendencies. By introducing this concept of mindfulness to individuals who are to engage in programming with experiential groups we can provide them with the tools necessary to not only physically support their group members but mentally support them as well throughout programming.

Myranda is a sophomore at the University of North Carolina at Greensboro majoring in Psychology and Sociology with a concentration in Criminology and a minor in Spanish. She is currently employed at Team Quest out of the University of North Carolina at Greensboro as a facilitator as well as the Program Assistant. Upon graduation she hopes to enter a Ph.D. program in clinical psychology studying the treatment of trauma, loss/grief recovery, and PTSD by utilizing experiential techniques.

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<tr>
<th>Telling Your Story Through the Accreditation Process</th>
<th>Megan Cayton, Frannie Varker, &amp; Cameron Lorrits</th>
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<td>Being accredited is a process of being certified and authentic. In that it is a long and rigorous process. It is often a process not gone through because of the long hours and tedious amount of work that goes into it. Also, sometimes organizations think they cannot fit into the requirements that are being asked of them. Hear one school's story of how they fit a round peg into a square hole by telling their story, being authentic to themselves and their program, and came out on the other end with a five year accreditation certificate.</td>
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<tr>
<td>Megan is a Student Success Navigator and Instructor in the School of Health and Human Sciences at the University of North Carolina at Greensboro with a passion for helping others find their path through mentoring and leadership experiences. She teaches personal development courses in Life Design and Entrepreneurship. With over eleven years of experience at UNCG, Megan has served in various roles and capacities around campus and truly enjoys serving as a TeamQuest facilitator and helping others find their passion and purpose through experiential education.</td>
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Are you on social media? Make sure to follow us! AEE’s Southeast Region is online! Find us on Facebook (AEESE) and Instagram (AEESoutheast) for fun facts, info, events, and updates.
YMCA Camp Greenville General Information:

**Meal Times Check-in/Check-out**
Check-in 3:00pm  
Breakfast 8:00-8:45am  
Lunch 12:30-1:15pm  
Dinner 6:00-6:45pm  
Check-out 10:00am

**YMCA Camp Greenville Policies:**

**Staff Contact:**  
If problems arise, please find a staff member or come to the Dining Hall during the day. In the evenings there will be an Administrator On Duty (AOD) that can be contacted by using the radio in the HIPP cabin closet (#11 on the map).

**Maintenance:**  
Please report any requests for housekeeping supplies, toilet paper or maintenance problems at meal times and they will be taken care of in a timely fashion.

**Telephone:**  
You will most likely not have cell phone reception here at Camp Greenville. We do have open WiFi at the Adventure Center. If you need to contact home please let us know and we can provide you access to a phone.

**Symmes Chapel aka “Pretty Place”:**  
Our chapel is open to the public from sunrise to sunset unless an event is scheduled. Please ask the lead staff for the schedule to find an open time to see the chapel. Unless you have paid for exclusive use of the chapel there may be members of the general public there during your visit.

**Camp Gates:**  
With the exception of the Pretty Place, Camp Greenville is only open to registered guests and campers. We do keep our gates closed during the day and locked beginning at dark. If anyone in your group needs to leave after dark please use the chain gate by the office. It will be latched but not locked. Please make sure to latch it behind you once you drive through.

**Responsibility for Damage:**  
The person or persons in charge of the group are responsible for all loss of property or damage to facilities and equipment caused by the group participants.

**Loss of Personal Property:**  
Camp Greenville assumes no responsibility for personal property or belongings brought onto property.

**Emergency Numbers:**  
Greenville County, SC (where we are located)EMS: 911  
Transylvania Co. Sheriff: (828) 884-3168  
Cedar Mountain Fire Department (828) 885-7297
Emergencies:
A continuous ringing of bells will signal an emergency; at which time all members of your group should report to the Dining Hall immediately. If the Dining Hall is the site of the emergency, a staff member will direct you to the appropriate area. Camp staff will handle the situation from there. Please stay in the designated areas and keep your group members well supervised. Please do not touch any of the bells around camp.

Address:
4399 YMCA Camp Rd Cleveland SC, 29635

Other Rules:
1. Enter only buildings designated as your cabins or for your activities
2. Do not write on cabin walls or furniture
3. Please help keep the grounds litter free
4. Please do not throw rocks, sticks, or other objects.
5. We are in a rustic environment, there are hazards such as venomous snakes and poison ivy—stay on trails and pathways to help avoid these dangers.
6. All waterfronts are off limits unless an activity is authorized and supervised by Camp Greenville staff.
7. All Ropes Course areas are off limits unless an activity is authorized and supervised by Camp Greenville staff.
8. Please do not ring the bells; they are part of our emergency system.
9. Smoking or illegal drugs are not permitted on camp property.
10. Alcoholic beverages are not permitted on camp property. Those found in violation will be asked to leave immediately without a refund.
11. To help save energy, please keep cabin doors closed and lights off when not in use.
12. Please emphasize that nature is to “observe not disturb”
13. No weapons of any kind are permitted at Camp. This includes firearms, hunting bows, knives, any flammable liquids, and fireworks.
14. For your safety, please stay away from any construction areas at Camp.
15. Parking is allowed in designated areas only. Once your vehicles are parked please do not drive around camp to get to your activities. If one of your participants has mobility issues please talk with the lead staff to obtain permission to drive through camp. All speed limits must be followed (5MPH through camp, 15MPH on camp road)
16. Quiet hours are from 10:00pm to 7:00am. Please be in your cabin and do not let the sound travel further from your cabin.

Interested in helping the AEE Southeast Region?
Join the conference committee or become a state representative! Ask a regional team member for information.
YMCA Camp Greenville Map:
Dear Mom and Dad,
You won’t BELIEVE what I did today! ...

Experience. The Difference.

Elk River
TREATMENT PROGRAM Since 2006

Licensed and accredited therapeutic treatment program, located on 120 acres just west of Huntsville, AL. Our professional staff utilize the outdoors as an experiential education tool for our client’s self discovery.

BOYS & GIRLS AGES 12 - 18 • MEDICAL MODEL • PRIVATE INSURANCE ACCEPTED • INDIVIDUALIZED PROGRAMS

ElkRiverTreatment.com
info@elkrivertreatment.com
866-906-TEEN (8336)
Notes:
Thank you to our incredible sponsors:

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